



Families of Carmen High School of Science and Technology,

Our athletic program has been built on the foundations of RESPECT, RESPONSIBILITY, and TRUST. We strive to teach our student athletes more than just athletic skills, but also life skills that will pay dividends in their academic and professional futures. Being a student athlete is no small task, and requires a significant commitment from students and families. Statistics also show that those students who become involved in activities, such as sports, music, drama, newspaper or yearbook staff, student government, etc. are more successful academically. Interscholastic athletics is just one of the many opportunities available to you at Carmen, and we hope you'll consider joining on of our athletic teams.

To be able to participate in athletics, students must have the following items completed and on file in the athletic office at Carmen prior to participation. Forms are available at Carmen High School in the main office.

- 2.0 GPA – That is a C-average (or better!), with no more than 1 failing grade.
- Athletic Permit Card – insurance must be listed on the card with the appropriate policy numbers. Athletes and parents/guardians signatures must be on the card.
- Insurance – All athletes must have insurance. Verification of insurance **MUST** be provided. Bring your insurance card at the time of processing your forms so a copy may be kept on file.
- Physical Examination Card – as per the W.I.A.A. regulations, all incoming freshmen must have an athletic physical exam after April 1, 2017. **THIS PHYSICAL EXAM IS GOOD FOR 2 YEARS, UNLESS THE PHYSICIAN STATES OTHERWISE. Please do not wait to schedule this appointment and take care of this requirement!**
- Emergency Contact Card – Parent/Guardian signatures & insurance information required.
- Athletic Participation Fee - \$50 participation fee.
- Concussion form – Parent/Guardian & Athletes signatures required.
- Athletic Handbook – Athletes will receive a copy of the athletic handbook at the time of processing forms. A sign-off form with Parent/Guardian & Athletes signatures needs to be on file prior to competition.

Sincerely,

Mr. Erik Borresen
Athletic Director
Carmen High School of Science and Technology



Familias de Carmen High School of Science and Technology,

Es importante notar que según las estadísticas, aquellos estudiantes que participen en actividades tal como deportes, música, drama, periódico, gobierno estudiantil, etc. son más exitosos académicamente. Para poder participar en deportes, los estudiantes deben tener lo siguiente completado para poder participar. Los formularios se encuentran disponibles en la oficina de la escuela.

- Tarjeta de Permiso Atlético- el seguro médico debe estar en la tarjeta con el número de póliza apropiado. La firma de los atletas y sus padres/tutores legales deben encontrarse en la tarjeta.
- Seguro médico- Todos los atletas deben contar con seguro médico. Se debe proporcionar verificación del seguro médico. Traer su tarjeta de seguro médico al entregar sus formularios para poder obtener una copia.
- Examen Físico- según la W.I.A.A., todos los estudiantes del grado 9 deben tener un examen físico después del 1 de abril, 2017. ESTE EXAMEN FÍSICO ES VÁLIDO POR DOS AÑOS, A MENOS QUE EL MEDICO SOSTENGA LO CONTRARIO.
- Contacto De Emergencia- La firma del padre/tutor legal y del atleta es requerida al igual que la información del seguro médico.
- Cuota de Participación- cuota de \$50.
- Conmoción Cerebral- La firma del padre/tutor legal y el atleta es requerida.
- Manual Atlético- Los atletas recibirán una copia del manual atlético al momento de procesar los formularios. Una firma del padre/tutor legal y el atleta debe mantenerse en el archivo antes de cualquier competencia.
- Candado- Todos los atletas deben tener un candado para asegurar sus pertenencias personales.

Sinceramente,

Mr. Erik Borresen
Athletic Director
Carmen High School of Science and Technology